

# Essential Flying Packing List For You and Your Baby

[www.wayfaringhumans.com](http://www.wayfaringhumans.com)

## Your baby's carry-on checklist:

- Diapers (x8)
- Wipes (1-2 packs)
- Changing pad
- Diaper rash cream
- Socks (x2)
- Shoes
- Pajamas (x2)
- Light hoodie/sweater
- Baby blanket
- Light, breathable muslin blanket (to cover up for breastfeeding)
- Pacifier (x2)
- Pacifier/toy leashes
- Portable sound machine + extra batteries
- Water bottle
- 1 sippy cup/bottles
- Formula/milk
- Baby Tylenol
- Hand sanitizer
- Baby nail clippers
- Snack catcher
- Lots of dry snacks
- Mini first aid kit
- Ziploc/wet bag for soiled or wet clothes
- Activities for the plane
- Basic mini travel size toiletries (baby soap, toothpaste, toothbrush)
- If walking, soft stretchy shoes

## Your carry-on checklist:

- An extra outfit (including underwear)
- Headphones/ear pods
- Phone
- Phone charger
- Adult Tylenol
- Plug converters for your destination
- Lap top/tablet
- Camera + batteries
- Snacks for you
- A folder with all of your important documents (passport, visas, birth certificate, copy of your travel insurance, etc.)
- Ziploc bags
- Baby monitor
- Breast pump (handheld)
- Basic mini toiletries (soap/shampoo, toothpaste, toothbrush, glasses/contacts, etc.)
- Fanny pack (to wear in the airport)

