

Weekend away with Baby Essential Checklist

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Diaper change items

- ☐ Diapers (5-8 per 24 hour period)
- ☐ Wipes (1-2 packs)
- ☐ Diaper rash cream
- ☐ Changing mat
- ☐ Hand sanitizer

Sleep items

- ☐ Blanket or other comfort item
- ☐ Another blanket to use as a cover/blackout "curtain"
- ☐ Pacifiers
- ☐ Pacifier leashes (to keep pacifiers from falling on airplane floor)
- ☐ Portable sound machine + extra batteries
- ☐ Baby monitor + charger/batteries

Feeding items

- ☐ Bottles/sippy cups
- ☐ Milk/formula/water
- ☐ Dry snacks and baby food pouches
- ☐ Hand breast pump (a Haakka is a good option)
- ☐ Wipes for cleaning bottles and pump parts
- ☐ Snack catchers to put dry snacks into

Clothing items for baby

- ☐ Travel day pajamas (2-3 pairs)
- ☐ Soft slip-on baby shoes for travel day (for walking babies)
- ☐ Regular shoes (1 pair, for walking babies)
- ☐ Daytime outfits (2-3 per day)
- ☐ Pajamas for each night
- ☐ Light hoodie/sweater
- ☐ Jacket or warm suit
- ☐ Enough socks for the weekend (1-2 pairs per day)

Clothing items for Mom

- ☐ Comfy athleisure wear travel day outfit (plus one extra outfit just in case)
- ☐ Fanny pack (for easy access to important items on travel days)
- ☐ Daytime outfits for the weekend (2-3)
- ☐ Pajamas (1-2 pairs)
- ☐ Shoes (1 comfortable pair for walking and 1 for the pool/beach)
- ☐ Enough underwear and bras for the weekend
- ☐ Enough socks for the weekend

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Entertainment items

- ☐ Stickers/sticker books
- ☐ Water Wow books
- ☐ Magnets
- ☐ Cheap dollar store items
- ☐ Anything "new" to your baby/toddler
- ☐ An iPad/tablet/phone loaded with kid shows and games
- ☐ Baby/toddler headphones

Healthy/safety items

- ☐ Mini first aid kit
- ☐ Thermometer
- ☐ Baby Tylenol
- ☐ Adult Tylenol
- ☐ Any medications for baby and/or Mom
- ☐ Nose bulb (for runny noses)

"Large" Baby Items

- ☐ Stroller (ideally: foldable, lightweight)
- ☐ Baby carrier or wrap (my personal preference: Lille Baby carrier)
- ☐ Baby hiking backpack if planning on doing any nature walks or hikes
- ☐ Car seat

Baby toiletry items

- ☐ Baby nail clippers
- ☐ Baby bath soap and lotion
- ☐ Baby toothbrush and toothpaste
- ☐ Vaseline (for wind burn, chapped runny noses, etc.)

Toiletries for Mom

- ☐ Shampoo, conditioner, soap, face wash
- ☐ Toothbrush, toothpaste, floss
- ☐ Glasses, contacts, contact solution (cases for glasses and contacts)
- ☐ Lotion, moisturizer
- ☐ Pads/tampons
- ☐ Make-up
- ☐ Deodorant
- ☐ Hair products, brushes, combs, hair ties, etc.
- ☐ Hair straighteners, curlers, blow-dryer

Important Miscellaneous items

- ☐ Phone and phone charger
- ☐ Plug converters for the country you're traveling to
- ☐ Laptop/tablet and chargers
- ☐ Headphones/ear pods
- ☐ Camera + batteries/charger/tripod
- ☐ Ziploc bags (for wet or soiled clothes — or for any number of reasons! Just good to have)
- ☐ A folder with all of your important documents (copies of passports, travel insurance, visas, etc.)
- ☐ Passports!

bon voyage!

Going on a beach or winter weekend away? Check my "weekend away with baby essential packing list" article at www.wayfaringhumans.com for additional season-specific item checklists.